



Hello everyone,

I do hope you all had a lovely Christmas and are now looking forward to the New Year. I would just like to say a big thank you to everyone who helped to make the lunch clubs, Carers Club & Info Café, CAMEO and Fit Club so seasonal and so festive. Special thanks are due to "The Music Man" (Stephen McKie) for our "Merry Christmas Musical Extravaganza and Sing Along" at the Carers Club, and to Sue Holifield (and her husband Colin), Margaret Denny, and Sally and Rex Garrod for our delightful and expressive "Charitree" display in the church during Advent. It struck me that it is a unique and attractive way of showing something of what the project means to those who participate in it and what it has achieved - what the local authorities and the NHS call "project evaluation" – what we call "how we are doing" and "has it been worth it". So for those who did not get a chance to see the exhibit we are intending to "capture" it with all the various comments as a photo-collage to put on the web site.

I am also delighted that Françoise Behar, Janice Romaniszyn, and Kate Robbins have started a third Food 'n' Friends lunch club and had their first lunch at the very end of November. These lunch clubs are greatly appreciated by all who participate and we still have a waiting list of potential guests. However finding organisers/hosts has not proved so easy, hence Diane Palmer's article elsewhere in this issue. It isn't a great commitment – just once a month – if you can offer to help that would be wonderful.

As always, I am touched by the numbers of private donations given to help us continue. Thank you one and all for all your support and please remember that you can donate your Co-op "divvy" to the project simply by asking for it to be given to The Debenham Project – Number **609313**. I am pretty sure that, even if you can't remember the number, if you just ask for it to be donated to "The Debenham Project" the Co-op staff will be happy to oblige.

So, until next time, wishing you a very Happy New Year,

Lynden

Phone 01728 862003 or visit our **Website:** www.the-debenham-project.org.uk