

## Dementia - Caring for the Carers



**// Thanks to the Debenham Project, I am now moving forward and handling things in my own way, and feel so much happier. //**  
OLIVE

A unique project in which our community has taken responsibility for the welfare and support of family carers looking after someone with dementia, and of meeting the health and social needs of those that they care for.

- Debenham On-Call and Carers Co-op
- Activities and Social Support Sessions
- Food 'n' Friends Lunch Clubs
- Information and Advice Centre
- Medication and Pharmacy Support
- Carers' Club and Info Cafe
- The Fit Club
- Memory and Support Services

The Debenham Project challenges the public sector by initiating, encouraging and supporting roll out to rural and semi-urban communities. The Debenham Project will continue to evolve and develop its caring approach throughout the coming years.

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